

Cook County



Food Shelves

GRAND MARAIS

Grand Marais Food Shelf
First Congregational Church
300 W. 2nd Street
PO Box 95
(218) 387-2113
timing@boreal.org
Monday, 3:00 p.m. - 5:00 p.m.
1st Wednesday, 5:00 p.m. - 7:00 p.m.

The Backpack Program

Weekend food for children during the school year. Contact your local school for more information.

SNAP (Food Stamps)

Cook County Public Health & Human Services
Cook County Courthouse
411 W. 2nd Street, Grand Marais, MN 55604
(218) 387-3620

Nutrition Assistance Program for Seniors

NAPS monthly food boxes for seniors are available in Grand Marais.
For more information:
(218) 727-5653, ext. 112 or
lynette@northernlakesfoodbank.org

United Way 2-1-1

United Way's 2-1-1 is an easy-to-remember, completely confidential phone number that connects people with important information about food, housing, employment, childcare, transportation, health services, senior services and more.

Minnesota Food Helpline

1 (888) 711-1151

If you or someone you know does not have enough food, call the MN Helpline to find out if you qualify for SNAP and where to find emergency food assistance close to your home.