



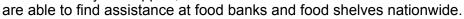
Fighting Hunger, Feeding Hope

Harvest Highlights - November 2016

Veteran Finds Helping Hand

"I served in the U.S. Navy for 10 years," said Jamie. "When I was honorably discharged those skills transferred well into a position at an auto shop, and later as a correctional officer for more than 10 years. I always worked hard to earn a living and provide for my wife and three daughters."

Jamie was recently laid off from his job and said it's been a struggle for his family ever since. But thanks to your support, veterans like Jamie





"Sometimes it just takes a helping hand to get there," he said. "I encourage all veterans who find themselves struggling to ask for help. There are places that truly care and give back to people like you - people who have given their lives to make our nation a better place."

As many as 20% of Northland households served by our region's hunger programs report a member served in the US Armed Forces, Military Reserve or National Guard. Thank you for your support of our veterans - and thank you to all of our veterans who have served.



Double Your Gifts November 17

Give to the Max Day is Thursday, November 17, but you don't have to wait to make your gift. Donate today and your gift will be processed on November 17. What's more, all donations received will be matched up to \$5,000 by the Lahti Family Charitable Foundation. Help us leverage additional support and food for Northland families, children and seniors with your gift today!

Participate in Holiday Events, Feed the Hungry

Are you shopping for holiday gifts? Are you looking for ways to burn extra calories before enjoying your Thanksgiving meal? Would you like to see a live television broadcast unfold? Between now and the new year we have several holiday events for you to participate in and help feed the hungry. Second Harvest Northern Lakes Food Bank would like to thank all of the wonderful individuals and organizations who host holiday events to benefit our food bank and the Northland



families we feed. And it isn't too late for you to host your own fundraiser like a holiday ugly sweater contest or a holiday cookie bake-off, a change drive, or other event to benefit our food bank. Contact us today for more information about how you can help.



Grainger Foundation Ensures 12,000 Meals

The Grainger Foundation, through its Grainger Community Grant Program, recently contributed \$4,000 and will provide 12,000 meals to Northland families in need during the holidays. With a special desire to provide fresh produce, funds will be used to not only access holiday foods but fresh fruits and vegetables as well. *Thank you, Grainger Foundation!*



Higher Ed Contributes 10,600 Meals

Annually, higher education institutions like the University of MN-Duluth, the College of St. Scholastica and Lake Superior College contribute 10,600 meals to our Northland neighbors in need. Rather than making its way to local landfills, surplus food leftover after student meal service is picked up by our Food Rescue Program and brought to Twin Ports non-profit programs serving our local neighbors in need.

Holiday Events Need Your Help

The holidays are a busy time for our food bank. When food and fund drive season is in full swing, volunteers are needed to fill the gaps of our small staff. This holiday season we're looking for volunteers to assist with our WDIO/WIRT-DT "Trees of Hope" phone bank on December 6. We're also looking for early morning volunteers as part of our "Have a Heart, Help a Neighbor" event on December 9. If you, or



an organization you belong to, would like to help at the holidays <u>contact us</u> today for more information.

Upcoming Events:

Junior League of Duluth Festival of Trees

Receive \$1 off admission with a non-perishable food donation. November 12, 2016, 9:00 a.m. - 5:00 p.m., \$6 November 13, 2016 10:00 a.m. - 3:00 p.m., \$4 DECC, 350 Harbor Drive, Duluth

Give to the Max Day

Give to the max on this special day. November 17, 2016 **GiveMN.org**

Gobble Gallop Run/Walk

A donation is made to our food bank from this event. November 24, 2016 9:30 a.m. 1026 E. Superior Street, Duluth (218) 728-1148, **gobblegallop.com**

#GivingTuesday

A day dedicated to giving back to your favorite charity. November 29, 2016

WDIO/WIRT-DT's "Have a Heart, Help a Neighbor" Live Broadcast

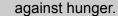
Tune in to Channels 10 & 13, stop by or donate online. December 9, 2016 5:00 - 9:00 a.m. First United Methodist (Coppertop) Church 230 E. Skyline Parkway, Duluth

Behind The Scenes Tour

December 14, 2016 12:00 p.m. - 1:30 p.m. Second Harvest Northern Lakes Food Bank 4503 Airpark Boulevard, Duluth FREE, Please <u>RSVP</u> by December 9, 2016

Our Mission:

Feed Northeastern Minnesota and Northwestern Wisconsin's hungry by rescuing and distributing food and engaging our region in the fight





Donate Now

Join our Harvester's Club Give Monthly







Contributions are tax deductible to the full extent of the law.

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