



VOLUNTEER FAQs

DURING COVID-19, THE SAFETY OF OUR EMPLOYEES, VOLUNTEERS AND PROGRAM PARTICIPANTS REMAIN OUR TOP PRIORITY. YOU ARE WELCOME TO VOLUNTEER IF:

- You're willing and able to wear a face mask/covering during all of our volunteer opportunities (face masks/coverings are now required)
- You're in good health (E.g. are not experiencing a fever, chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss or taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea)
- You have not been directly exposed to a suspected or confirmed case of COVID-19 (to the best of your knowledge) within the last two week
- You've actively practiced social distancing, maintaining 6 feet of space from others; avoided large gatherings, people or crowds; worn a face mask or were around others who wore a face mask to avoid possible public exposure
- You've refrained from travel from outside a 150-mile radius of our food bank and/or in areas reporting advanced community spread of COVID-19 (if you haven't refrained, please ensure 14 days have passed prior to your return to our volunteer opportunities)

DO I NEED TO APPLY TO VOLUNTEER?

Yes, our application allows us to get to know you and your interest. It also allows you to understand and agree to our volunteer expectations.

CAN I ONLY VOLUNTEER IN DULUTH?

No, we have volunteer opportunities throughout NE Minnesota and NW Wisconsin.

HOW MANY VOLUNTEERS CAN YOU ACCOMMODATE?

It depends on the opportunity. We can currently accommodate up to 10 volunteers in any one area.

ARE THERE AGE REQUIREMENTS FOR VOLUNTEERS?

Yes, we have specific youth volunteer requirements.

WHERE ARE YOU LOCATED?

We are located at 4503 Airpark Boulevard in Duluth (Duluth's Airpark, near the Duluth International Airport).

IS THERE PARKING?

Yes, we offer parking for our elderly and physically limited volunteers at the front (south) of our building. Parking for all other volunteers is located to the west of our building.

WHAT SHOULD I WEAR?

Please wear closed-toe shoes, clean and comfortable clothing. If you are working with our food, please wear shirts that cover the shoulder and armpit area, refrain from wearing jewelry, or clothing with loose, dangling beads.

SHOULD I BRING SUPPLIES OR EQUIPMENT?

No, for the safety of our food and volunteers we'll provide all of the supplies needed for your tasks.



CAN I BRING FOOD OR BEVERAGES?

Yes, for consumption in our volunteer entrance area only.

CAN I CHEW GUM OR USE TOBACCO?

You may smoke in our outdoor designated areas however, chewing gum and tobacco are not allowed in our facility.

WHAT IF I'M ILL?

Please reschedule your shift if you are, or have been ill, see above COVID-19 information above.

WHAT IF I HAVE FOOD ALLERGIES?

In a food environment like ours, we cannot guarantee that you won't be exposed to food allergens. You should consider other regional volunteer opportunities.

WHAT DO I DO WITH MY VALUABLES?

Please leave them at home. We cannot be responsible for any lost or stolen items.

WHAT IF THERE'S INCLEMENT WEATHER?

Please contact us in inclement weather to ensure we are still operating or if you cannot make your shift.

CAN I DROP IN TO VOLUNTEER OR DO I NEED TO SCHEDULE?

Please contact us to schedule your volunteer service in advance. Our opportunities occur during varying times and days and we do have a maximum capacity for most opportunities.

CAN I VOLUNTEER PART OF A SHIFT?

Please let us know if you are unable to fulfill your scheduled shift. We depend on you to complete our work.

WHAT IF I NEED TO CANCEL?

Please contact us if you are unable to fulfill your scheduled shift. We depend on you to complete our work.

DO YOU ACCOMMODATE PEOPLE WITH PHYSICAL OR MENTAL LIMITATIONS?

Yes, we offer opportunities for most levels of ability subject to space and availability.

DO YOU ACCEPT COMMUNITY SERVICE VOLUNTEERS?

Yes, we offer opportunities for community service volunteers on a case-by-case basis subject to space and availability.

WHAT ACTIVITIES ARE PROHIBITED BY VOLUNTEERS?

Inappropriate language, behavior or attire; violence or harassment of any type, theft, damage to property, use or possession of drugs, alcohol or weapons, use of tobacco in undesignated areas, in adherence to personal, food safety, or program procedures; defiance of confidentiality, engaging in activities in conflict with our values or the civil rights of others; discussion or debates that are political, social or religious in nature.

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DO YOU ACCEPT MATCHING GIFTS FOR VOLUNTEER HOURS?

Yes, please let us know if you're offered this opportunity.

ARE THERE OTHER WAYS TO GET INVOLVED?

Yes, there are many ways to give and get involved, contact us for more information.